

Māori Health Research Practice - Te Rangahau Hauora Māori

(MAOH801)

Pathways, programmes/specialisations the paper is attached to

Postgraduate Certificate in Health Science, Master of Health Science, Postgraduate Diploma in Health Science, Master of Public Health

Am I eligible to enrol in this paper?

This paper is for Health Professionals who have a relevant undergraduate qualification and who have at least 2 years' experience as a health professional

What is this paper about?

Develops a critical reflective approach to Maori health research practice, including a range of critical, indigenous and kaupapa Maori research methodologies. Understands the role of Maori leadership structures in communities, and their role and the role of whanau, hapu, iwi and Maori communities in research. Develops an understanding of the relationship between research, policy and practice development.

What can I expect to learn?

- Indigenous and Māori inquiry paradigms/methodologies
- Indigenous and Māori approaches to research (both quantitative and qualitative)
- Generic Health research and Māori Health
- Māori Health research priorities
- Community consultation, engagement and leadership
- Ethics
- Knowledge translation and research dissemination
- The contribution of research to policy and practice
- Research proposals for studies involving Māori

How is this paper taught?

This paper is taught in a block course in Semester 1 at the AUT Ngā Wai o Horotiu Marae, Wellesley Street Campus. It encompasses a mixture of lectures, case studies, student presentations and discussions.

How will I be assessed?

1. Critique of two methodologies (2500 words)
2. Research proposal (4000 words)

Who will be teaching me?

Paper Coordinator: Dr Isaac Warbrick (Ngāti Te Ata, Te Arawa, Ngā Puhi).

Isaac is an exercise physiologist and Senior Research Fellow at Taupua Waiora Centre for Māori Health Research. His past research has focused on the associations between insulin sensitivity (a measure of diabetes risk), body composition, and aerobic fitness, as well as mixed methods intervention studies looking at the impact of different modes of exercise training on health and well-being in Māori men. Much of his research is conducted at the interface between biomedical, lab-based, and indigenous approaches to research. Isaac is currently leading projects and collaborating with researchers in a variety of fields including exercise physiology, Māori health, epigenetics, and men's health. His most recent publications have questioned whether 'weight' and 'weight loss' are appropriate 'health' measures for Māori, suggesting that outcome measures should better reflect cultural values.

Fees

Information about paper tuition fee for papers may be found at:

<http://www.aut.ac.nz/study-at-aut/fees-scholarships-and-finance/fees/postgraduate-fees>

Enrolment and enquires

Please contact Debra Spinetto for any enquiries about enrolment. Further information about our postgraduate offerings may be found online.