

Applied Skill Acquisition in Sport

(SPSC805)

Pathways, programmes/specialisations the paper is attached to

Master of Health Science, Postgraduate Diploma in Health Science, Master of Sport and Exercise, Postgraduate Diploma in Sport and Exercise, Postgraduate Certificate in Sport and Exercise

Am I eligible to enrol in this paper?

This paper is for coaches, trainers and students who:

- Have some knowledge of teaching, coaching or training
- Have previous tertiary education and learning experience
- Are willing to reflection on their coaching, teaching or leadership behavior

What is this paper about?

Develops and extends advanced expertise for learner-focussed skill acquisition through the application of contemporary theory in the field of practice.

What can I expect to learn?

- Historical approaches to skill
- Constraints-led approaches to skill
- The perception-action problem in skill acquisition
- Concept of ecological dynamics
- Variability in skill
- Physical, emotional, developmental, social and environmental dimensions of skill acquisition
- Affective states of emotion as constraints to learning
- Focuses on a holistic, learner-driven model of skill acquisition theory, contextualised for the multiple needs of the learner. Explores contextual constraints on the acquisition of optimal skills

How is this paper taught?

Location: 2 days at AUT-MISH at at start of semester, 1 day mid-semester break and 1 day in late May

Online: Online learning & discussions

Teaching Style: Flexible, blended learning is used throughout this paper, exploring the application of Skill Acquisition using self-reflection, theory statements and assessment as learning. Facilitated via online lectures, workshops and individual support.

How will I be assessed?

1. Short discursive summary discussing the application of contemporary research to a skill acquisition problem of the learner's choice reflecting both historical and contemporary approaches to skill. (1000 – 1,500 words)
2. Short critique of skill acquisition sessions based on contemporary theory and research which suggests potential changes to skill acquisition session. (500-800 words)
3. Reflective session planning and implementation using contemporary theory and research. Focussing on what to change, why and what research supports the changes. Demonstrated implementation of session (video/live assessment + 1000-2000 words)

Who will be teaching me?

Paper Coordinator: Sarah-Kate Millar PhD. MSc, Bed, DipTeaching

Sarah-Kate presently supports the Pedagogy team within the school of Sport and Recreation delivering programmes majoring in Coaching and Health & Physical Education. Her PhD and research areas cover Skilled acquisition, coaching, dynamic systems and constraints-led approach.

Fees

Information about paper tuition fee for papers may be found at:

<http://www.aut.ac.nz/study-at-aut/fees-scholarships-and-finance/fees/postgraduate-fees>

Enrolment and enquires

Please contact Debra Spinetto for any enquiries about enrolment. Further information about our postgraduate offerings may be found online.